



York College Sports Medicine Student Athlete Medical Testing Policies

York College, in conjunction with team physician Dr. Ariel Nassim, will require student athletes to be tested medically in the following areas at the outlined times during their collegiate athletics career:

Freshman/Transfer/First competitive year of collegiate sports

- Full Physical and completion of online medical packet
- Base line concussion screening includes SCAT 3 and ImPACT Test
- Cardiac Screening

Sophomore year returning athletes

- Full Physical and completion of online medical packet

Junior year returning athletes

- Full Physical and completion of online medical packet
- Base line concussion screening through ImPACT Test only
- Cardiac Screening

Senior year returning athletes

- Full Physical and completion of online medical packet

All athletes may be subject to re-screening at any time if deemed necessary. Student athletes who have been identified as at risk through previous cardiac screens will need to repeat cardiac screening as the physicians see fit.

Athletes who have suffered a concussion will repeat their baseline concussion tests, SCAT3 and ImPACT, in the beginning of the following academic year.

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